

Youth & Families Social Prescribing

Spotlight

Did you know that you can refer a young person to a Youth Social Prescriber?

Support for Isle of Dogs residents aged 11-19 and up to 25 for those with additional needs.

- Refer via **EMIS Community** (old booking system)
- Tuesdays 3.30pm to 7.30pm, 30 minute slots
- Provide a reason for the referral for better outcomes

Support can be offered around Special Educational Needs and Disabilities (SEND), employment and training, substance use and sexual health, difficulties at school, accessing activities, confidence building, mentoring, benefits, housing and physical, mental and emotional health.

For more information, email: thgpcg.socialprescribingnw8@nhs.net

The Barkantine - Island Health - Docklands Medical Centre - Island Medical & Woodwharf

